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TOTAL SHOULDER REPLACEMENT INFORMATION

- Your lab and all testing will be done ahead of time in Salina, if at all possible.
- Follow instructions given by the office in regards to stopping your blood thinning medications.
- Do not eat or drink anything after midnight prior to surgery.
- Please take a bath or shower the morning of surgery.
- Please bring any necessary medical equipment with you (polar pack, brace, CPAP etc)
- Remember to bring your shoulder immobilizer with you to the hospital the day of surgery.
- Wear comfortable, loose-fitting clothes and bring personal hygiene items with you.
- Bring a list of your medications to the hospital.
- Please bring your medications in their original prescription bottles.
- You will be admitted to the hospital 2 hours before surgery.
- Anesthesia will visit with you at this time.
 - You will most likely have general anesthesia with a regional block.
- Surgery will last about 1 hour.
- Preventative measures to avoid complications include:
 - IV antibiotics to prevent infection.
 - Clean air flow room to prevent infection.
 - Deep vein thrombosis prevention includes early walking and foot compression pumps in hospital. with Aspirin 325mg daily for 6 weeks.
 - You may have a surgical drain which will be removed prior to our dismissal from the hospital.
 - You will go home with an Aquacel Dressing- this is waterproof and is designed to stay on for 2 weeks until your staple removal. If you have questions or concerns with you dressings, call the office.
- You will be in the hospital for 2-3 days and then will go home or to a skilled care facility if needed.
- You will have staples for 10-14 days. Showering is permissible.
- An appointment will be given to return to our office for staple removal.
- Occupational therapy will assist you with exercises and rehabilitation and limitations after surgery.
- Physical therapy will begin 3-4 weeks after surgery.
- Pain pills will be provided for one month. You may need to take a stool softener with the pain medications.
- You will need a driver when dismissed from the hospital.
- You may need a driver for a few weeks after surgery. You cannot drive while you are on pain pills.
- Please let your dentist know that you have had a total joint replacement. If dental work is needed, the dentist will want to give you an antibiotic to prevent infection. This will need to be done prior to any dental appointment for 2 years after your joint replacement surgery or lifelong depending on your chronic medical conditions
- Teeth need to be in good repair prior to your surgery.
- Teeth need to be in good repair prior to your surgery.
- You should not have dental work done for 2 weeks prior to or (5-6) months after surgery.
- For more information about your surgery and diagnosis go to <https://orthoinfo.aaos.org>

ALL NARCOTIC PRESCRIPTION REFILLS NEED TO BE ELECTRONICALLY FAXED. PLEASE CALL FOR A REFILL 48 HOURS BEFORE YOU WILL RUN OUT OF MEDICATION!